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# Winnipeg metro



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Your essential daily news | WEDNESDAY, NOVEMBER 25, 2015

High -2°C/Low -12°C Snow showers



Arrival in Canada, 1993



New hometown of Oakville, Ont., 2015

## MELITA'S STORY

**Metro's Melita Kuburas** arrived in Canada as a refugee 22 years ago. Today people ask her, why the rush to bring in so many Syrians? — 'As if anybody deserves to spend another night on a dirt floor.' **HER FULL STORY IN metroNEWS**

## A 'chronic nightmare'

REPORT

### Manitoba tops national child poverty list

A child-poverty report card says an increasing number of children live in poverty in Canada, but nowhere is the problem more desperate than in Manitoba.

The report released Tuesday by social-justice coalition Campaign 2000 says almost one in five children across the country live below the poverty line. That number is one in three in Manitoba.

Sid Frankel, one of the report's authors and a social-work professor at the University of Manitoba, said what began as a crisis in the early 1990s has become a "chronic nightmare." More children are slipping into poverty despite a provincial strategy introduced in 2009.

Their parents tend to have low-paying, precarious jobs and don't get enough tax breaks to

lift them out of poverty, he said.

"Manitoba children are at a kind of double jeopardy."

The report says child poverty has increased since the House of Commons made the first of three pledges to eliminate it in 1989. The national poverty rate has jumped by 20 per cent since then but has increased by 26 per cent in Manitoba.

The report also says 40 per cent of indigenous children in Canada live in poverty, and one in seven users of homeless shelters is a child.

Poor kids often go hungry, live in inadequate housing and don't have school or sports supplies, Frankel said. Study after study has shown living in poverty affects health quality, he added. "We think this is pretty serious."

The report suggests the Manitoba and federal governments should aim to cut child poverty rates in half within five years.

THE CANADIAN PRESS

More coverage, page 4

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## PUBLIC TRANSIT

### Bus fleet to return by Christmas: Director



**Elisha Dacey**  
Metro | Winnipeg

Winnipeg Transit says all its buses will be back on the streets of Winnipeg by Dec. 20.

"That is our target," Transit Director Dave Wardrop told the Infrastructure Renewal and Public Works committee Tuesday.

"We are working... to establish a level of service that is reliable."

Wardrop said there are 63 buses still down for maintenance.

More than 100 buses were taken off city streets earlier this year forcing the department to reduce buses on some routes as they went in for repairs.

Faulty emission control units were found in all the buses the city purchased between 2011

and 2013.

Coun. Cindy Gilroy also asked Wardrop for an update on establishing day-long bus routes in Island Lakes, Royalwood, Southland Park, Sage Creek, South Pointe, Bridgewater Centre and Bridgewater Lakes.

"The cost of service for those areas has been presented as part of the budget for due process," said Wardrop.

Wardrop previously said the plan could only go forward if Transit buys four new buses at a cost of \$2.4 million, and he said the annual operating expense would go up by about \$348,000.

The city would also have to hire about 11 new full time drivers.

Gilroy noted the expansion of routes will go through a public consultation process.

**"We are working to establish a level of service that is reliable."**

Dave Wardrop



Dave Wardrop says the situation around repairing transit buses is stabilizing. METRO FILE



Crews fought the Dufferin Avenue blaze for several hours to keep it from spreading but couldn't contain it. MEG CRANE/FOR METRO

## Dufferin fire leaves residents homeless

### MANITOBA HOUSING

### No serious injuries at province-run townhouse

**Meg Crane**  
For Metro | Winnipeg

No one was seriously hurt when a fire broke out in a townhouse in the north end Monday, but the manager of the building wonders where the people who called it home will now live.

Around 1 p.m. Monday, emer-

gency personnel were called about a fire in a building on Dufferin Avenue near Arlington Street, said John Lane, chief of the Winnipeg Fire Paramedic Service.

"The initial reports were quite clear that a significant fire was underway," said Lane.

Reggie Wapash lives in an apartment building nearby and could see flames coming through the building's roof out his window. He said he headed over to make sure everyone was okay.

"I hope everyone is safe and they can get a house and a home before Christmas," said Wapash.

Even before the fire was out,

the building manager, Tim Gray, said he was on the phone with his manager at S.A.M. Management discussing where to house the people living in the building.

Gray said it's a Manitoba Housing unit and finding living arrangements will be difficult.

"It's really unfortunate. Low-income housing and new immigrants. It's going to be tough," said Gray, but added everyone will be placed somewhere.

Lane said the fire started in one of the units then rolled outside the building and up to the roof.

"This is a common attic. Once it gets into a common attic like this, it's very, very difficult to

stop it from spreading from end to end," Lane said.

Lane said they were not immediately sure what had started the fire.

"Initial indications are that there is nothing suspicious," said Lane.

However, the door to the suite where the fire originated was left open, which he said could have helped the flames spread.

Lane said three people were taken to hospital, none with life threatening injuries.

He could not say if the building would be salvageable, but did say damage from the fire and water used to extinguish flames was substantial.

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# Educated, hard-working and loving — but still poor

## FAMILY

## Mother of two tackles myths that suggest 'they're lazy'

**Donna Maxwell**  
For Metro | Winnipeg

There's a face behind every statistic and sadly, Shelley Sauve could be the poster woman for the province's working poor.

The university-educated, single mother of two works as many as five part-time jobs to put food on the table and clothes on the backs of her teenage boys and give them a decent place to live.

**3.5**

Provincial poverty report cards show one in 3.5 kids in Manitoba live in poverty.

Her strength and determination are admirable, but she's growing frustrated with

a system that isn't working.

"There are myths out there that poor people deserve it, or they're lazy or there are life circumstances out there that they can control, that make a difference. I'm here to prove that hard-working, educated people can still end up in poverty. I'm a single mom trying to raise two wonderful teenage boys on not enough money to even survive," Sauve said following Tuesday's release of the national and provincial poverty report cards.

"I work so much, there was



Shelley Sauve works up to five part-time jobs trying to raise two teen. DONNA MAXWELL/FOR METRO

an entire month last spring I didn't see either of my boys — which is kind of sad, because I'm supposedly raising them and if you never see them, how do you raise them?"

Sauve spoke to reporters gathered to hear the dismal results of the report cards, that show one in 3.5 children in Manitoba is living in poverty and that this province has the highest rate of child poverty in two-parent households in the country.

The rate in single-parent households is 61 per cent.

With two sons on the autism spectrum, aged 19 and



**I work so much, there was an entire month last spring I didn't see either of my boys — which is kind of sad, because I'm supposedly raising them.**

Shelley Sauve

13, Sauve has spent the last 20 years fighting to overcome poverty. Though she's not out of fight, news that 26 years of report cards have shown the situation is getting worse, is frustrating.

"I'm livid. I'm so upset that our government is focusing on stupid things," she said.

"They're not stupid to them, but when you're sitting there trying to raise children on nothing and you go to Winnipeg Harvest and they give you two to three days' food and you have to make that stretch for two weeks...it's ridiculous."

She works as a substitute teacher, in day care, as a tu-

tor and works retail, cleaning and farm jobs to make ends barely meet.

She and her sons also volunteer at Harvest.

She ran through what a family of three needs to survive for a month.

Even on the low end estimate of just over \$2,000 a month, she said, she'd have to work 65 hours a week at a minimum-wage job to make it.

None of this takes into account unexpected expenses, or the fact that working so many hours means she doesn't see her kids.

"What a horrible choice for any parent whatsoever to either see and raise their children or provide for their basic needs of shelter, clothing, education and food," she said.

"This is, believe it or not, the 26th Manitoba Child and Poverty report card and I'm getting kind of tired and increasingly angry and upset about what we have to report," said Sid Frankel, a professor of social work at the U of M.

"Primarily we're recommending that Premier (Greg) Selinger do the same thing for children as he's doing for the environment.

"He is going to announce emission reduction targets in early December, we want to see him announce specific targets to reduce the child poverty rate and the depth of child poverty in Manitoba. It's important for the environment, if he's willing to do it for the environment why isn't he willing to do it for children?"

The report card recommends several other points including an immediate increase of the minimum wage to \$15.53 an hour.

## POVERTY REPORT

## Premier vowing change

Manitoba Premier Greg Selinger said the report looks only at income and not how far that income can go.

"How much you pay for something in Brussels is quite different than how much you pay for something in Winnipeg," he said. "But whatever measure we have, we want people to be living less in poverty."

The province is increasing rent-assist programs, building more affordable housing and has committed to increase its \$11 minimum hourly wage every year, Selinger said.

The federal Liberals have pledged to do much of what is called for in the report, including changing employment insurance rules to make it easier to qualify for support, expanding parental leave programs and providing a higher child benefit to needy families.

They have also promised a national poverty reduction strategy and say they will invest in affordable housing and child care.

"Supporting families and ensuring every child gets the best possible start in life is a priority of this government," Jean-Yves Duclos, minister of families, children and social development, said in an emailed statement.

Anita Khanna, national coordinator for Campaign 2000, said the group is urging Ottawa to provide \$500 million in one-time funding to provinces to create affordable child-care spaces or provide subsidies to low-income parents.

"It's the missing national social program," said child-care advocate Martha Friendly from the Toronto-based Childcare Resource and Research Unit. "You can't eradicate child poverty without real access to quality child care." THE CANADIAN PRESS

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# CFL bash planned in alley

METRO

## Group pushing the upside of downtown



Next year promises to continue to build on several initiatives, including expanding the wildly popular ManyFest, partnerships with the downtown Chinatown community, keeping patrols on North Main and bikes moving downtown.



The next five years is key, said Grande, pointing to the redevelopment of The Bay downtown and the opening of the barriers at Portage and Main as upcoming challenges for Winnipeg's downtown community.

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# Abuse survivor calls on Church

## DOMESTIC VIOLENCE

### Religious leaders need training, advocate says

**Meg Crane**  
For Metro | Winnipeg

Zita Somakoko says her father and husband used to beat her — and the leaders in her church knew, but didn't help.

She told her story at a conference in March and said she was shocked to find several audience members had more recently been victims of domestic violence and not been helped by leaders in their churches.

"I was like, 'What, is this still going on?'" said Somakoko. Her abuse ended 14 years ago and she thought something would have changed since then.

So, she said she decided to influence the change herself.

She, along with the Manitoba Association of Women's Shelters (MAWS), have organized a forum for religious leaders to teach them about domestic violence and how to help victims in their congregations.

"Zita approached us with her idea and we thought it was a very good idea," said Deena Brock, provincial co-ordinator for MAWS.

Somakoko estimates she called more than 40 religious leaders, including from Jewish, Muslim and Christian backgrounds. Of them, about a dozen confirmed their attendance.

"Some of them are giving excuses about the holiday coming up," said Somakoko.

Somakoko said she pointed out some members they're planning holiday programs for are experiencing domestic violence and need help more than a holiday celebration.

"This is a conversation that



**This is a conversation that the community of faith needs to have.**

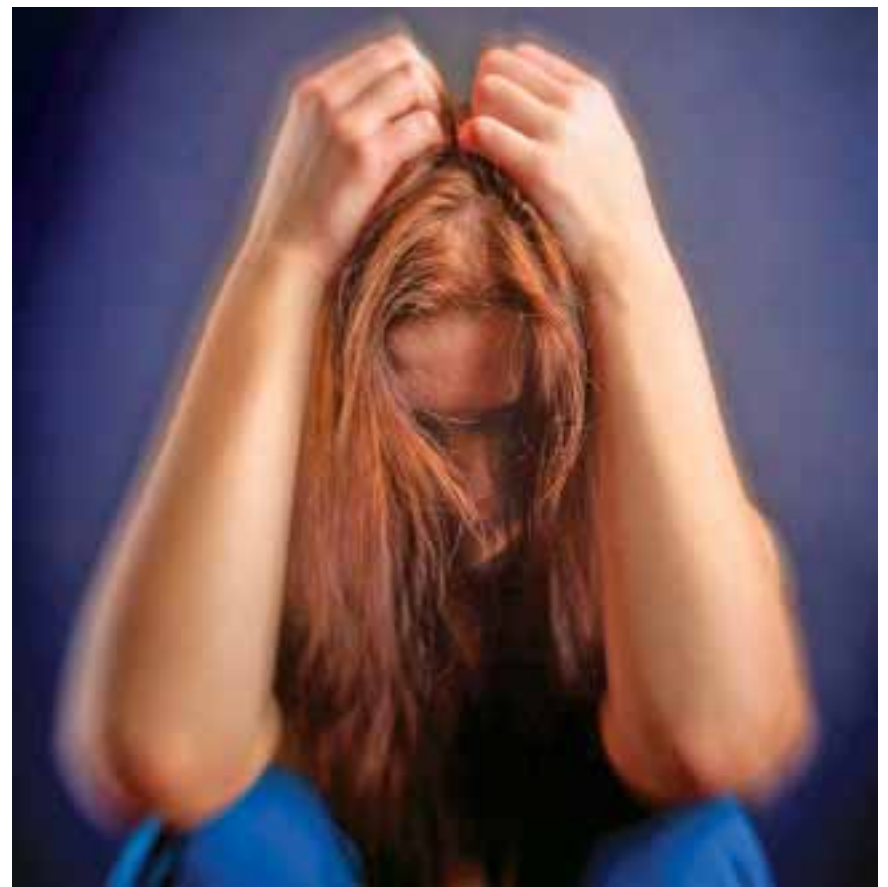
Zita Somakoko

the community of faith needs to have, but that we are not having. Can we start today by making this a priority?" Somakoko asked.



## OPEN FORUM

The forum is being held by the Manitoba Association of Women's Shelters, and it will happen this Wednesday from 1 p.m. to 3 p.m. at Inn at the Forks. The event is free and open to the public.



About a dozen local religious leaders are planning to attend a conference on how to help victims of domestic abuse in their congregations. ISTOCK

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Brian Pallister, leader of the Progressive Conservative Party of Manitoba, talks to media after the recent throne speech. JOHN WOODS/THE CANADIAN PRESS

# Pallister dares premier to rule out tax increase

## POLITICS

### Promises not viable without more revenue, Tories argue

Opposition Leader Brian Pallister says the NDP government cannot afford its recent promises without a sizable tax increase after next April's election.

Pallister, reprising a line of attack that has already damaged the government's popularity, is challenging Premier Greg Selinger to rule out a tax hike.

"It's an absolute guarantee he has to raise taxes," Pallister said Tuesday. "I don't recall promises of this magnitude in the run-up to an election, in my memory, in 25 years."

Pallister pointed to the government's throne speech earlier this month, which included several big-ticket items, although the costs are to be spread out, in many cases, over five years. Promises include 12,000 more child-care spaces, expanded cell-phone coverage and reduced ambulance fees.

The Tories estimate the price tag at more than \$300 million — a figure that does not include the



**What I will make is a commitment to keeping Manitoba in the top three for affordability.**

Premier Greg Selinger

government's plan to continue its billion-dollar-a-year infrastructure program beyond 2020.

Selinger would not rule out a tax increase Tuesday but did commit to keeping Manitoba among the most affordable provinces

in which to live — a calculation that includes taxes, some utilities and other daily living expenses.

"What I will make is a commitment to keeping Manitoba in the top three for affordability in the country."

Selinger also said his infrastructure stimulus plan and other promises are boosting the economy.

"When you have a growing economy, you have more revenues to look after people. I would say that (Pallister's) approach, which is one basically based on tax cuts, will not necessarily grow the economy."

Pallister's predecessor as Pro-

gressive Conservative leader, Hugh McFadyen, took a similar approach against Selinger that came back to haunt the premier.

During the 2011 election campaign, McFadyen said Selinger could not afford to fulfil his promises without either raising the provincial sales tax or pushing back plans to balance the budget. Selinger called the sales-tax idea "ridiculous." But in 2013, he raised the tax to eight per cent from seven. The Tories and other critics hounded the premier about the broken promise, and the NDP has been trailing the Tories in opinion polls ever since. THE CANADIAN PRESS

## CRIME

### Crash ends in death, charges



**Elisha Dacey**  
Metro | Winnipeg

Winnipeg police have released the name of a woman who died after a police chase early Monday morning.

Authorities say Brandi Melissa Manningway, 27, died after she smashed an SUV into a building on Portage Avenue.

Police said Monday they spotted an SUV — believed to be involved in a robbery earlier in the evening — near Empress Street and Portage Avenue at about 1:20 a.m. Officers gave chase, but police said they lost sight of the vehicle and backed off.

The vehicle crashed on Portage Avenue near Good Street just before 1:30 a.m., said police. The University of Winnipeg's Buhler Centre was damaged, as were at least two other buildings, trees, a parking meter and a lamp post.

Police said the driver was taken to hospital, where she later died. A passenger also was injured and tried to leave but was arrested a short time later.

The Independent Investigation Unit has taken on the case.

Police said Tuesday that Manningway was a suspect in three robberies, including the theft of gasoline from a station on Roblin Boulevard on Sunday and two store robberies on Dale Boulevard and Portage Avenue.

The passenger, Matthew Alexander Bartlett, 30, was a suspect in the three robberies and two others, including one on Portage and one on Keenleyside Avenue early Sunday morning. He has been charged with four counts of robbery with a weapon, possession of a weapon, theft and five counts of breach of probation.

## DEVELOPMENT

### Downtown core experiencing 'transformative renaissance'

Investment in downtown Winnipeg has been unprecedented over the past decade, according to a study released by the University of Winnipeg on Tuesday.

The Institute of Urban Studies (IUS) released an update on development and investment in the city's core between 2005 and 2015, and the rate of growth has been unprecedented over the past 100 years, said Jino Distasio, director of the IUS.

"With well over \$2.4 billion

in direct investment and a billion more planned, a transformative renaissance is redefining our downtown," said Distasio.

During the same time, the population has grown from 9,000 residents to 16,000, with 2,500 more residential units planned, according to the study.

"As a community, we should be amazed at the level of activity. And increasingly the world is taking notice, including the recent National Geographic ranking of Winnipeg among the

top 20 destinations globally."

The top-five largest downtown projects are: the Canadian Museum for Human Rights (\$351 million), the Manitoba Hydro Headquarters (\$278 million), the Winnipeg Police Headquarters (\$215 million), the Winnipeg Convention Centre expansion (\$180 million) and Centrepont (\$100 million).

Distasio pointed out the University of Winnipeg has expanded also, with a total of \$217 million in investments. METRO

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# 'We were one of the lucky ones'

As the country prepares to welcome thousands of Syrian refugees, a Metro editor recalls how her family built a happy life in Canada after escaping a war zone

**Melita Kuburas**  
Metro | Canada



We were one of the lucky ones, and it's not something we took for granted.

\*\*\*

For years I've treasured this clipped-out newspaper photograph of my family taken just moments after we arrived in Canada. My dad, at the age of 35, only three years older than I am now, has his right arm curled protectively around me and my little brother, nine and five years old at the time.

In the photo he looks like someone anticipating a better life, one he would grant us.

He had just been released from concentration camp at Manjaca in northwestern Bosnia and Herzegovina, where he was imprisoned for six months. Starved, beaten, kept from his family for nothing more than being Muslim.

Yesterday, Prime Minister Justin Trudeau's government announced details about its ambitious plan to resettle 25,000 Syrian refugees over the next three months. Many have criticized the haste — why the rush? they ask. As if any mother and child deserve to spend another night in a tent on a dirt floor.

A softening of the Liberals' initial promise is disappointing, but at least there's a commitment to welcome newcomers with urgency. There's so much desperation in the camps abroad. Perhaps a family's name is on an immigration list, but it's a promise that can be yanked away at any moment. In my family's case, the offer to come to Canada was unreal until the moment we landed here, when aspirations became concrete.

The question for me, then, isn't why the rush, but is there good enough reason to make them wait?

We were among 46 government-assisted refugees who arrived from the former Yugoslavia that day, Jan. 24, 1993, and many more would follow — almost 16,000 over the next four years, who, like us, didn't have a home to go back to. The breakup of the socialist union led to a fight over Bosnian territory, turning into a bloody war that gained notoriety for "ethnic cleansing." It ended with more than 100,000 deaths, over a third of them civilians.

"Too generous."

These words are used to describe Canada's refugee policy on the Letters page in The Star on Nov. 8, 1993. They are echoed by critics this week in the comments section on any story about incoming Syrians.

Welcoming refugees is very generous of Canada, and of Canadians, but I can assure you: refugees are not freeloading. They are not "collecting cheques" and living lavishly. In fact, I recognize now in our first few years here what I failed to see back then — poverty.

We lived in temporary housing, a motel, for about a month in Toronto after arriving. Then we rented a two-bedroom apartment in Mississauga, the size that suited our four-person family for about a decade, until we were finally able to buy a two-storey house in Oakville.

Much of our apartment in those early years was furnished by items placed curbside by neighbours on garbage day. ("Do you have to write that in your

article?" my mother asks now.)

**Welcoming refugees is very generous of Canada, and of Canadians, but I can assure you: refugees are not freeloading.**

I remember her washing other people's carpets on our balcony, which were afterwards laid out on our floors.

My brother and I played Nintendo on a wooden-encased TV set that had a Lazy Bones remote — a discarded 1950s relic, I presume.

There was a No Frills at the plaza just around the corner from our building, but if milk happened to be on sale at Knob Hill Farms, an old supermarket chain at the discount mall across town, my parents would bike there to shop. The savings would have been negated by bus fare, so they biked 25 minutes each way to make it worthwhile.

I smile at this story now whenever I stop at Whole Foods because it's on my way home from work.

Their bicycles were also salvaged from the scrapheap. My dad would come to pick me up at school with his, until I sheepishly asked him if next



A page from the Toronto Star, published on Jan. 25, 1993, shows a young Melita Kuburas and her family arriving at Pearson Airport as government-assisted refugees from the former Yugoslavia. CONTRIBUTED

## From the archives ...

The following are excerpts from the original story about the Kuburas family's tribulations in the former Yugoslavia, as well as their arrival in Canada — published Jan. 25, 1993, in the Toronto Star:

"I was taken to a place where they asked me what I owned, then sent me home," (Senad) Kuburas said. "But a week later they came back, came to my house saying they had an order to search."

"They pushed my wife and children into the corner of the room. A man with a shotgun pointed it at my father, and told me to hand

over all our money, our deutschmarks. I had only 150 and he didn't believe that was all I had. He put a gun to my daughter's head and said he would shoot her if I didn't give more money."

"He told me another group of soldiers was coming, and that they were going to kill me. I panicked, sent my wife and kids to the neighbour's house."

"Then the soldiers came and knocked on my door. They told me to come out. We came out, me and my old father. They said, 'Leave the old man here.'"

time he could leave the bike at home. I guess that what my mom finds embarrassing now, I was ashamed of back then. We were on assistance for about a year until they both found jobs, my dad as an electrician and my mom as a cashier until she went back to school for her trade in accounting.

Though they soon found work, we couldn't afford a car until two years later, when my dad bought an '86 blue Cutlass Ciera.

So this is not me complaining;

these are not the painful memories, though there are plenty of those from back home: the men in uniforms, pointing a gun at me while demanding money ("Surely you love her the most," one had contemptuously said); the grandfather and favourite uncle who were killed, and whom I would never see again; the melancholy that takes over whenever I think back to the sharp interruption of an otherwise happy childhood.

In contrast, our family's struggles in our new home —

Kuburas said he never saw his father again.

...

Kuburas spent two months in the camp, along with hundreds of other men, enduring daily beatings, consuming mostly bread and water, watching friends die, beaten to death.

...

"The Red Cross asked us if we wanted to go from the camps. We'd heard so much about Canada. Canada was taking people with families," he said.

"We were told Canada is a big country, only 27 million people, so it still needs population there."

learning a language, getting a job, trying to fit in at school — were welcome ones. Integration comes quickly, and it did for us.

Like most government-sponsored refugees, we had to refund the cost of our trip to Canada and initial startup expenses, taking on a debt of \$3,500 right upon arrival. My dad sees that as fair: "It offered someone else a turn to come here."

**Melita encourages readers to contact her directly at:**  
melita.kuburas@metronews.ca



Former Toronto Star reporter Allan Thompson. CONTRIBUTED

## Journey through history

I was on my laptop last Wednesday, sharing a column about the prospect of welcoming Syrian refugees in Canada's small towns, when an email message landed out of the blue.

Melita Kuburas, an editor at Metro Toronto, was getting in touch to ask about a story I'd written for the Toronto Star more than two decades earlier about another refugee influx. Then, it was hundreds of refugees from war-torn Bosnia, looking to make a new life in Canada.

"You interviewed my father on the day we landed in Canada," she wrote.

I remembered the assignment in an instant. It was late in the day on Sunday, Jan. 24, 1993, when I took a cab to Pearson airport to meet with refugees from Bosnia who were arriving in Toronto to start over.

Melita and her brother were just little kids then, cowering beside their dad, Senad Kuburas, when he recounted through an interpreter the family's horrific experiences in the Bosnian war. Looking back now, it seems the Canadian instinct to open our arms to refugees from a Muslim community in Bosnia was somehow more second nature then.

ALLAN THOMPSON



I've always wanted to meet the original story's photographer, Rick Eglinton. Not only did he record a life-changing moment for us, he also captured a certain dignity in my father's face.

EXCERPT: MELITA KUBURAS  
PHOTO: LIZ BEDDALL/METRO



# Liberals push back refugee goal

★ SYRIAN REFUGEES IN CANADA ★

## Exit visas and preparing cities cited as delay factors

The Liberals will miss their self-imposed deadline to resettle 25,000 refugees by the end of the year, instead pledging to meet the target by the end of February 2016.

The government will also count privately sponsored refugees against the total goal of 25,000 people, as well as any Syrian refugee who has arrived in Canada since Nov. 1. The government expects 10,000 will be privately sponsored — 40 per cent of its goal.

Officials cite several challenges, including getting exit visas from host countries and ensuring Canadian communities are able to accommodate the refugees, as factors for pushing back the deadline.

In a media briefing today, officials said the government still intends to get the refugees to Canada as quickly as possible, but conceded that 15,000 are expected to have to wait until the first weeks of the new year.

"Yes, we want to bring them fast, but we also want to do it



Left to right: Health Minister Jane Philpott, John McCallum, Minister of Immigration, Refugees and Citizenship, and Defence Minister Harjit Sajjan announce Canada's plan to resettle 25,000 Syrian refugees Tuesday. SEAN KILPATRICK/THE CANADIAN PRESS

right," said John McCallum, Minister of Immigration, Refugees and Citizenship, speaking at a press conference Tuesday.

McCallum said Canadians will welcome refugees "with a smile, but a smile alone is not sufficient."

He said the delay would allow more time to ensure homes and

language training for refugees would be in place when they arrive. The overall plan is expected to cost as much as \$687 million over six years, with the bulk of the money spent in the first two years.

Some departments involved in the resettlement project will be asked to absorb the costs, but offi-

cials say most will be new money.

The refugees will be drawn from UNHCR camps in Jordan and Lebanon, as well as refugees registered with the government of Turkey. Especially vulnerable groups — families, women at risk, and LGBT refugees — will be prioritized. Single men accompanying their parents can

also be admitted.

The refugees will be subject to extensive security and health screening at multiple stages on their journey to Canada.

The first layer includes registration with the UNHCR or the Turkish government, followed by interviews, biometric and biographical data collection, and

# 5

The number of phases for the plan: Identification, processing, transportation, arrival, integration.

# \$687M

The overall cost of the plan over six years, with the bulk to be spent the first two years.

# 500

The number of federal personnel — including Canadian Forces members — being deployed overseas to aid in the processing of refugees.

checks against public safety databases in Canada and the United States.

As many as 500 federal personnel — including Canadian Forces members — are being deployed overseas to aid in the processing.

### COSTS

## Privately sponsoring Syrian refugees a collaborative effort

If you want to become a refugee sponsor, here are the steps you need to take.

### WHO CAN SPONSOR A REFUGEE?

Canadians can volunteer to support an individual or a family for one year. You can collaborate with friends, neighbours, colleagues, professional organizations and social clubs to commit the time and money required.

The website of Lifeline Syria, a refugee sponsorship group, recommends private sponsors join together in groups of five or more.

"You will need to work with others to share the tasks and support the refugee family to successfully settle here," the website states.

The Canadian government has temporarily exempted Syrian and

### + BACKGROUND

Privately sponsored refugees will form around 40 per cent of the 25,000 people from Syria that the Liberal government plans to settle in Canada by February 2016.

Iraqi refugees from requiring

refugee status before a group of five private sponsors can submit an application. In 1979, after the Vietnam War, 7,000 Canadian faith and community groups privately sponsored a total of 29,269 refugees, thanks to a grassroots Toronto-based operation known as Operation Lifeline.

This number was out of a total of about 60,000 Indochinese eventually resettled in Canada.

### COSTS, IN TIME AND MONEY

Government estimates place the cost of settling an individual refugee today at around \$12,000. A family of four will need about \$25,000.

Speaking to the Star in September, Lifeline Syria chair Ratna Omidvar said she thought the estimates are conservative considering what the cost of living in the GTA amounts to. The or-

ganization's website puts the cost of housing a family of four at closer to \$27,000.

But Omidvar said the money rarely becomes a problem.

"People fixate on the money," she said.

"Yes, you have to raise it, but that's not difficult. You have to commit the time. That is the real commitment from private sponsors." TORSTAR NEWS SERVICE

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# Quebec construction deeply corrupt: Probe

CHARBONNEAU REPORT

## Hells Angels, Mafia problem far-reaching

The infiltration of organized crime groups into Quebec's construction industry is far worse than originally feared, Superior Court Justice France Charbonneau said Tuesday as she released her much-awaited report.

"This investigation confirmed that there was a real problem in Quebec and that it was far more widespread than we originally believed," Charbonneau said.

She said that the Mafia and Hells Angels worked their way deep into the industry, gaining access to public and private contracts and worker's pension funds.

"A culture of impunity developed," Charbonneau said, reading from a prepared statement.



Superior Court Justice France Charbonneau. THE CANADIAN PRESS

The commission heard of bribes, kickbacks, assaults and even murder.

She praised the courage of some of the 300 witnesses who testified since the inquiry began hearing testimony in September 2012.

"Contractors revealed that they were the victims of threats, intimidation and assault," she said. "Their testimony took us

to the heart of our mandate."

Charbonneau also sounded a hopeful note, and said that one of the five volumes of her report contains 60 recommendations on how to clean up the construction industry.

"This report tries to address the problems with concrete solutions," she said.

One key recommendation in the 1,600-page report is to set

66

**A culture of impunity developed.**

France Charbonneau

up an independent committee to decide on the awarding of government contracts.

Another recommendation is for better whistleblower protection.

"Whistle-blowing must not be seen as an act of betrayal," she said.

She noted that New York State has a False Claims Act, which makes companies and individuals liable for defrauding the government.

The report was posted online Wednesday. Some of the testimony won't be made public because of publication bans, Charbonneau said.

TORSTAR NEWS SERVICE

HAMILTON, ONT.

## Dying wish granted: Hospital allows pets

Patients at a Hamilton, Ont., hospital can spend time with pets thanks to a unique initiative prompted by a woman's promise to her dying nephew.

Zachary's Paws for Healing was launched by Donna Jenkins and named for her nephew, who died last year after being diagnosed with Hodgkin's lymphoma.

Zachary Noble longed for a visit from his dog while at Juravinski Hospital and was allowed one with the help of his medical team. Before he died, Noble made his aunt promise she'd work with the hospital to establish a program for companion pet visits.

"If it wasn't for the insight of that young man who was 25 years old and autistic to empa-

thize with the other patients around him, this may have never happened," Jenkins said.

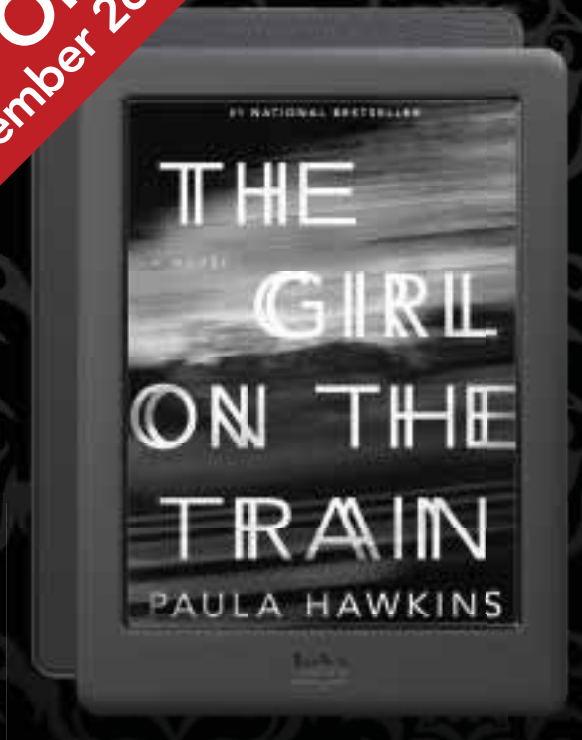
Many hospitals, including Juravinski, have policies on pet visits, but the requirements are so arduous that they often aren't pursued, said Jenkins. That's where her organization comes in: "We do all the leg work, we do all the paperwork, we do all the contacting for the families."

After her nephew's death, Jenkins worked with a committee at the Juravinski Hospital to develop the program. It launched in September, initially only providing pet visits to patients in certain intensive and long-term care units. Two weeks ago, however, the program expanded to the entire hospital. THE CANADIAN PRESS



Grace Campbell and Cuddles at Juravinski Hospital. COURTESY THE HAMILTON SPECTATOR

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## STATE OF EMERGENCY

## Blast in Tunisia kills 12

Tunisia's president declared a 30-day state of emergency across the country and imposed an overnight curfew for the capital after an explosion Tuesday struck a bus carrying members of the presidential guard, killing at least 12 people and wounding 20 others.

The government described it as a terrorist attack. The blast on a tree-lined avenue in the heart of Tunis is a new blow to a country that is seen as a model for the region but has struggled against Islamic extremist violence. Radical gunmen staged two attacks earlier this year that killed 60 people, devastated the tourism industry and rattled this young democracy.

No one immediately claimed responsibility for the attack against the presidential guard.

President Beji Caid Essebsi, who wasn't in the bus at the time, declared the state of emergency and curfew on the Tunis region.

"I want to reassure the Tunisian people that we will vanquish terrorism," he said.

THE ASSOCIATED PRESS

## CONFLICT

## France and U.S. to step up airstrikes against ISIL

President Barack Obama and French President Francois Hollande vowed Tuesday to escalate airstrikes against the Islamic State of Iraq and the Levant (ISIL) and bolster intelligence sharing following the deadly Paris attacks. They called on Russia to join the international efforts, but only if Moscow ends its support for Syria's president. "Russia is the outlier," Obama said.

THE ASSOCIATED PRESS

## Attackers were planning second suicide bombing

## Paris

## Business district next target, says prosecutor

The man believed to have planned the Nov. 13 Paris attacks that killed 130 people and wounded hundreds more had likely planned to carry out another suicide bombing days later in the French capital's business district, the Paris prosecutor said Tuesday.

Abdelhamid Abaaoud and an accomplice are believed to have been planning to attack La Defence on Nov. 18 or 19, Paris prosecutor Francois Molins said.

Abaaoud was among three people killed during a police raid on an apartment in a northern

Paris suburb in the early hours of Nov. 18. His female cousin, Hasna Ait Boulahcen, died of asphyxia apparently from the explosive vest detonated by a third person, who hasn't been identified, the prosecutor said. The explosion led to part of the apartment collapsing.

Molins said the unidentified third person is believed to have been the accomplice with whom Abaaoud would have carried out an attack on La Defence, the highrise district that is headquarters to major companies on the western edge of Paris.

The prosecutor said he "can't be, and doesn't want to be more precise" on the details suggesting such an attack had been planned. Information obtained on Nov. 19 suggested "that the two attackers — Abaaoud and the man we found by his side in the apartment — were planning an attack consisting of blowing themselves up at La Defence either on Wed-



A soldier patrols at the Christmas market along the Champs Elysees avenue in Paris

MICHEL EULER/THE ASSOCIATED PRESS

nesday the 18th or Thursday the 19th," Molins said.

The Nov. 13 attacks in Paris, claimed by the Islamic State of Iraq and the Levant (ISIL), targeted people enjoying a Friday night out at a packed concert hall, a restaurant terrace, a cafe and a friendly soccer match between France and Germany.

In the hours after the killings, Abaaoud is believed to have returned to the sites of at least some of the attacks, including the Bataclan concert hall, even while special police forces were still there.

"The geolocalization of Abdelhamid Abaaoud's alleged phone between 22:28 p.m. and 0:28

confirms a presence in the 12th, 11th, and 10th districts, and notably near the Bataclan concert hall," Molins said. "This allows us to think that Abdelhamid Abaaoud returns to the crime scenes following the attacks ... while (special police) were still taking action at the Bataclan."

THE ASSOCIATED PRESS

**The two ... were planning an attack consisting of blowing themselves up at La Defence either on Wednesday the 18th or Thursday the 19th.**

Francois Molins, Paris prosecutor

## GLOBAL INCIDENT

## Putin denounces plane attack as 'stab in the back'

Turkey shot down a Russian warplane on Tuesday that it said ignored repeated warnings and crossed into its airspace from Syria, killing at least one of the two pilots in a long-feared escalation in tensions between Russia and NATO. Russian President

Vladimir Putin denounced what he called a "stab in the back" and warned of "significant consequences."

The shoot down — the first time in half a century that a NATO member has downed a Russian plane — prompted an emergency meeting of

the alliance. The incident highlighted the chaotic complexity of Syria's civil war, where multiple groups with clashing alliances are fighting on the ground and the sky is crowded with aircraft bombing various targets.

THE ASSOCIATED PRESS



A Russian Su-24 takes off on a combat mission at Hemeimeem airbase in Syria. THE ASSOCIATED PRESS FILE

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# Seven killed in Egypt hotel attack

## MIDDLE EAST

### ISIL in Sinai takes credit for fatal car bombing

A brazen militant attack involving a suicide car bombing and claimed by the Islamic State group targeted a hotel in Egypt's restive northern Sinai region on Tuesday, killing seven people, including two judges, the state MENA news agency said.

The attack on the Swiss Inn hotel in the coastal city of El-Arish was the latest violence convulsing the troubled peninsula, where Egyptian troops are struggling to put down an Islamic insurgency. The attack was quickly claimed by the Islamic State's affiliate based in Sinai.

The assault came a day after Egypt held the second round of parliamentary elections. Judges who supervised the vote in



Emergency personnel and security forces stand next to ambulances outside the Swiss Inn hotel in the Egyptian town of El-Arish following an attack on the hotel Tuesday.

AFP/GETTY IMAGES

Sinai were staying in the heavily guarded hotel.

MENA's report said four policemen and a civilian were also among the seven killed, and that at least 10 people were wounded. The agency cited an unnamed security official as it often does.

The Sinai branch of the Islamic

State claimed responsibility for the attack in a statement posted by sympathizers on social media accounts. It said the attack was carried out by two militants: the suicide car bomber and a gunman, who is alleged to have opened fire inside the hotel before blowing himself up.

## + CONTEXT

### A history of violence

Egypt has been battling militants in Sinai for years, but their insurgency has gained steam since the ouster in 2013 of the Islamist Mohammed Morsi, Egypt's first freely elected president. His ouster by the military was led by then-defence minister Abdel-Fattah el-Sissi, who last year was elected president.

THE ASSOCIATED PRESS

The group also posted pictures of the two attackers and identified them as Abu Hamza al-Muhajer and Abu Wadhaa al-Muhajer. Al-Muhajer means migrant in Arabic and is used by militant groups to refer to foreign fighters, an indication that they could have been from outside Egypt.

THE ASSOCIATED PRESS

## ISRAEL

### No U.S. recognition of settlements

A new spat emerged between the Israeli government and Washington over Jewish settlements on Tuesday, as U.S. Secretary of State John Kerry visited Israel and the West Bank for the first time in more than a year.

As Kerry set aside his goal of a long-sought peace accord to make way for more modest hopes of an end to two months of deadly violence, Israeli Prime Minister Benjamin Netanyahu called for the recognition of some existing settlement blocs in exchange for steps to ease tensions with the Palestinians.

In Washington, the State Department quickly rejected any suggestion the U.S. would alter its longstanding opposition to settlements or recognize them as legitimate outside of a peace agreement.

There were no signs that Kerry made headway in easing tensions during his meetings with Netanyahu and Palestinian President Mahmoud Abbas.

Alongside Netanyahu, Kerry noted Israel's obligation to defend itself from "attacks in the streets with knives, with scissors, with cars."

THE ASSOCIATED PRESS

## IN BRIEF

### Three dead, 16 captured as Taliban downs helicopter

Taliban insurgents on Tuesday ambushed a military-contracted helicopter that made an emergency landing in Faryab province in north-western Afghanistan, killing three people in a shootout and capturing 16 others who were on board, Afghan officials said.

THE ASSOCIATED PRESS

### Syrian refugee ban unconstitutional: ACLU

A lawsuit challenging the Indiana governor's decision to stop state agencies from helping resettle Syrian refugees alleges that the action wrongly targets the refugees based on their nationality and violates the U.S. Constitution and federal law.

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People shop in a nearly empty arcade in the centre of Brussels on Monday. The lockdown imposed on the Belgian capital includes its subways and schools, which are to re-open Wednesday. VIRGINIA MAYO/THE ASSOCIATED PRESS

# Brussels lockdown hits businesses hard

## SECURITY ALERT

**Some owners say measures too dramatic, cut into profits**

Belgium may be famed for its beer and chocolate, but the lockdown imposed on the capital because of the highest-level security alert is leaving a bad taste for many businesses.

While few doubt the government's need to protect the public from a Paris-style attack — which officials have

warned is a "serious and imminent" threat in Brussels — some shop owners say the attempts to shut down the city are too drastic.

Many shopping centres have been largely deserted since the threat alert was imposed Saturday.

"It's not a very good decision," Esther Willems, assistant manager at the Galler chocolate shop in Brussels' city centre, said of the lockdown in the capital. "In the last two days, we have only had about 10-11 clients." Normally, they would have around 100.

With many shops closed in



**It's not like terrorists are just walking around the streets here.**

Esther Willems

downtown Brussels, Rachel Van der Veken's Maxi-Bagi cafe sandwich shop was one of the few still open.

"If I stay at home and accept this situation, it's like I accept what the terrorists are saying," she said.

Still, Van der Veken said she had zero customers on Saturday. Since then, her normal takings have been cut in half but she acknowledged it was impossible to say whether Belgian officials are overreacting.

"You can never say it's too high a cost because you have to protect your people, but why didn't they act before Paris? They knew there was always this threat."

The Belgian government says the threat alert will remain in place until Monday unless there is a significant development.

THE ASSOCIATED PRESS

## WATER

# UAE in danger of drying up

While skyscrapers and gleaming towers rose with lightning speed across the United Arab Emirates over the past two decades, the Gulf nation's thirst for water grew at an enormous rate — so much so that today, it threatens to dry up all of the country's groundwater in as little as 15 years, experts say.

To quench that demand, cities across the seven emirates that make up the UAE rely on desalinated seawater to supply 98 per cent of their drinking water, but that comes with a huge environmental and fiscal cost. Now, officials are looking at new technologies to cover that demand, while acknowledging the risks ahead.

"In our region, water is more important than oil," said Ahmad Belhoul, CEO of Masdar, the Abu Dhabi government's clean-energy company. "We're trying to find solutions to address that."

While the Emirates rose on its oil wealth, the riches spurred the development that strains the water supply in this desert nation.

An academic paper published earlier this year by scientists at the United Arab Emirates University in Al Ain, suggested the country's entire supply of groundwater could be gone by 2030.

THE ASSOCIATED PRESS

## IN BRIEF

### Not enough grads have the right skills: CIBC head

Canada's post-secondary institutions are not producing enough graduates with the right skills to drive future economic growth, CIBC's CEO said.

Victor Dodig said Tuesday Canada lags globally when it comes to teaching disciplines important for innovation, such as math, science, and engineering. THE CANADIAN PRESS

### Emails reveal Coke's role in anti-obesity group

A non-profit founded to combat obesity says the \$1.5 million it received from Coke has no influence on its work.

But emails reveal Coca-Cola Co. helped pick the Global Energy Balance Network's leaders, edited its mission statement and suggested content for its website. THE ASSOCIATED PRESS

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## URBAN ETIQUETTE ELLEN VANSTONE



### THE QUESTION

**I recently got into a cab that was filthy dirty. It reeked. When I got out, I reeked. Should I have said something to the driver?**

Dear Ellen,

I recently got into a cab that was filthy dirty. It reeked. When I got out, I reeked. Should I have said something to the driver?

Katie in Ottawa

Dear Katie,

When it comes to being on someone else's turf, or inviting someone on to yours, there can be a fine line between polite behaviour and being a doormat.

Take the dinner party, for example. Should I tell a guest to stop talking with his mouth full and stuff my napkin in his gob the next time he laugh-spits half-chewed pasta particles onto my spectacles? Never. As a gracious hostess, I must smile through bits of flying food as if this masticating monster is the most charming man who ever graced my table. Then, if forced to invite him again, I would simply seat him far away, in the section reserved for drunken slobs and boring egomaniacs. Since all these specimens are completely oblivious of everyone else, and therefore immune to the kind of torture each one of them inflicts, I consider this to be a fair and tactful solution for all concerned.

Similarly, if you're invited to someone else's home, and it's a filthy, stinking mess, you have no choice but to choke down whatever is on offer, and then check yourself in for medical

tests the next day if you're not feeling well.

None of this hostess-guest etiquette, however, applies to taxicabs, or restaurants, or any other transactional business where you are paying good money for a product or service, and your peace of mind, and, possibly, health, are at risk.

With a filthy taxicab, you have several options.

- Back away from the car, with or without an explanation ("I just remembered, I'm allergic to vinyl").
- Decline the service with an honest explanation: "Your cab is dirty and smells terrible. I think I'll

wait for another one."

- Get into the cab if you can't wait for another one, and suffer in silence.

- Get into the cab and decline to tip when you reach your destination, though in this case, you do owe an explanation: "I'm sorry, but the state of your cab doesn't warrant a tip."

If the cab is actually a health hazard, or you need to redirect it to the nearest dry cleaner in order to get the smell off your clothes, you should not only say something, you should snap a pic of the operating licence and make a complaint, either to the taxi company or your city's licensing body, or both.



**If the driver of your rolling garbage dump is an owner who wants to stay in business, they need to up their game.**

## metroview

### Men are made into weapons of war. They need protection, too.



**Genna Buck**  
Metro | Toronto

Canada's decision to limit the Syrian refugees we're accepting to women, children and families for now (no unaccompanied men) makes me so angry. It's unfair. It's blind to the realities of war. And it might even aid ISIL.

To begin to see this issue clearly, we first need to ditch the dehumanizing language.

"Unaccompanied" sounds ominous. A one-man sleeper cell. How about "alone"?

Alone, because his entire family is among the quarter-million who've perished in the conflict. Alone, because he got separated from relatives and friends. Alone, because his loved ones are too sick or old or disabled to travel. War has a way of scattering people.

Syria's men and women both deserve protection: While women's bodily autonomy is often the first casualty of war, men's bodies are the weapons. President Bashar al-Assad's weapons. ISIL's weapons.

This is an especially dirty war, with atrocities on all sides. It's very difficult for Syrian men to avoid being swept in — either conscripted into Assad's forces or lured, by intimidation or intoxicating rhetoric, into armed groups like ISIL.

We like to think people who kill innocents and perpetrate war crimes are alien and evil to the core, but history shows almost anyone can be pressed into doing almost anything in the right circumstances.

Just ask any of the millions of men who walk the streets of Kampala, of Sarajevo, of Bue-

nos Aires, and more, haunted every day by the ghosts of war. I lived for a few months in Rwanda, where hundreds of thousands of men wake up daily and face the fact that they once took machetes to dozens of their neighbours.

In another time and place, the young, able-bodied men in my life could be called to take up arms. My movie-buff friend. My 23-year-old fitness-fanatic brother. My cousin, forced to turn his rifle sights from ducks onto human beings. I'd do anything to spare him — to spare any of them — from that.

Toronto immigration lawyer Guidy Mamann told Metro that disqualifying young men is the only way to screen the promised number of refugees within the government's deadline (since extended by two months) and keep the security threat manageable. If we really don't have time to evaluate each case individually, maybe we do need to slow down.

Because when the federal government describes unaccompanied men as "security risks," they're really saying, "It doesn't matter who you are, it doesn't matter what your story is, we know enough about you to know you're dangerous."

Even if it's legal in this context, discriminating based on gender is not who we are. The Charter of Rights and Freedoms is Canada's vision for a just world. We should aspire to live up to it always, especially when no one is making us.

If, like me, you value peace as an end in itself, then pressure our leaders to welcome Syrian refugees who qualify to Canada, regardless of their gender or family status.

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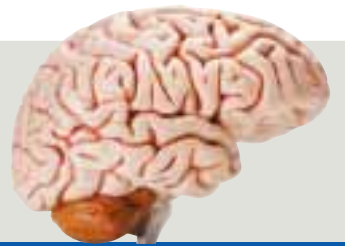


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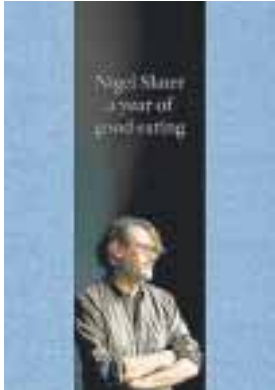
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## BOOK EXCERPT A YEAR OF GOOD EATING BY NIGEL SLATER

# Steak, Stilton and thyme pie



A Year of Good Eating is the third instalment of English food writer Nigel Slater's Kitchen Diaries series.

In this one, he looks at culinary delights over the course of a year through diary entries, stories and recipes.

The book contains more than 250 recipes. Here's one that is perfect for the holiday season.

The cut of beef is up to you. It gets a good couple of hours' cooking, so could be a cheaper cut such as shin, or one of the less expensive of the steaks, such as rump. Many butchers and supermarkets sell usefully ready-cubed meat especially for such recipes.

### Ingredients

- Groundnut oil — a little
- Beef, cubed — 1kg
- Small shallots — 10
- Carrots — 300g
- A rib of celery
- Plain flour — 2 tablespoons
- Marsala — 200ml
- Beef stock — 1 litre
- Thyme — 8 sprigs

### For the shortbread crust:

- Plain flour — 250g
- Butter — 75g
- Parsley — a large handful
- Stilton — 80g
- Thyme leaves — 1 teaspoon
- Egg yolks — 2
- Water, to mix

### Directions

Warm a couple of tablespoons of oil in a deep casserole dish over a moderately high heat, add a third of the beef and brown on all sides, then remove and continue with the rest of the meat. By doing it in two or three batches you avoid crowding the pan, allowing the meat to brown more effectively.

Peel and halve the shallots, roughly chop the carrots, then add both to the pan, with a little more oil if need-



Food writer Nigel Slater also art directs his books.

ed, browning gently and evenly. Slice the celery into thin pieces and add to the pan, but don't let it brown.

Return the beef to the pan, together with any juices that may have escaped. Scatter over the flour, continue cooking for a minute or two, then pour in the Marsala and the beef stock and bring to the boil. Season with salt and pepper, tuck in the thyme

sprigs, then lower the heat and simmer, very gently, for almost two hours, till the beef is tender. Leave to cool a little whilst you make the crust.

**For the crust:** put the flour into a bowl, add the butter, then rub together until you have the texture of coarse, fresh breadcrumbs. Chop the parsley roughly. Add the crumbled Stilton, the chopped parsley and thyme

leaves to the flour and butter and rub gently to fine crumbs.

Mix in the egg yolks and enough water to make a soft but rollable dough. Set the oven at 200°C/Gas 6.

Cut the dough in half. Roll one half to the diameter of the casserole dish, then place on top of the beef. Cut a hole or small slit in the centre to let the steam out. Shape the other half into a 20cm disc,

place on a baking sheet, prick the surface with a fork, then score into six segments, as if you were slicing a cake.

Bake the pie and the separate crust for twenty-five to thirty minutes, till golden brown. (Keep an eye on the disc of crust — you may need to remove it before the pie is ready.) Serve the pie with wedges of the extra crust for those who want it. For four.

ALL PHOTOS CONTRIBUTED

RECIPE EXCERPTED WITH PERMISSION FROM A YEAR OF GOOD EATING: KITCHEN DIARIES III BY NIGEL SLATER, HARPERCOLLINS, \$44.99

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# What does it mean when guys eat more?

## WORD OF MOUTH

### Men dominate eating contests, holiday-dinner extra helpings

**Theresa Albert**  
For Metro Canada



Do you know that a man is more likely to overeat in the presence of women? The theory is that they do it to impress the opposite sex. According to a new study published in the *Journal of Evolutionary Psychological Science* at Cornell University, men consumed 92 per cent more when in the presence of women but not when in the presence of only other men. Women eat exactly the same regardless of who they were with. Here are some ways you can spot the phenomenon in action:

- The macho effect is at play when junk food companies introduce the next double



**A study says that men eat 92 per cent more when in the presence of women.** ISTOCK

down, super huge, extra bacon and uber deep fried "snack." It appeals to mostly young men who feel invincible and who can handle the calories

- Eating contests at state fairs, company picnics and on YouTube are overrepresented by males. Men tend to enter these contests more often, win these contests most often and attend or watch the caveman behaviour most often. (This calls into question the theory of them doing so to impress women...)
- The holiday table you are

about to enjoy. Take a casual look around at the heap on the plates in your life. Whose is higher? Who goes back for more?

In the never-ending quest for answers on the obesity front it is up to you to decide where this piece of the pie this information fits.

Theresa is an on-camera food and health expert, nutritionist and writer who loves to spread the word on food

## FOOD BRIEF

**Mancan wine gets skewered on the Internet**  
Mancan: It's wine. In a can. For a man.

Because sometimes, sidling up to a bar, asking for a Pinot Grigio, and holding a glass of wine by the stem while buddies are chugging back beer can be emasculating, an entrepreneur decided to put wine in a can and allow his fellow wine-loving homies to enjoy the taste of red fruits and tannins while grunting about sports.

The marketing gimmick has generated no small amount of buzz with some camps skewering the product:

- "This isn't wine in a can. This is #MasculinitySoFragile in a can."
- "Actually

#ManCan, I'm quite OK with stemware. And my masculinity too." AFP



## INTANGIBLE CULTURAL HERITAGE

### N. Korea wins back pride in kimchi war



**North Korea has applied to have its kimchi get the same official UNESCO status as its South Korean counterpart.** ISTOCK

North Korea scored a major victory in the kimchi wars Monday when the UN all but elevated its pickled vegetables to the same lofty status as its southern neighbour's spicy capitalist cabbage.

Pyongyang suffered a blow to its prestige two years ago when South Korea's kimchi — a favourite dish made mostly from fermented cabbage — was added to UNESCO's prestigious list of the world's "intangible cultural heritage." Not to be outdone, the north is now on the brink of getting the same classification for its own communist kimchi.

The fiery, often strong-smelling foodstuff can provoke

equally strong emotions, with fierce rivalry between regions, communities and even families over whose kimchi is superior.

"Koreans share experience among themselves to make delicious kimchi according to season, while helping each other with raw materials and in preparation," UNESCO said as it confirmed the inclusion of the Democratic Republic of Korea's "red kimchi" on a list of nominations to be rubberstamped at a meeting next week in Namibia.

Seventeen other folk, dance, song and artisanal traditions are also set to receive UNESCO help and protection. AFP

## JOHANNA SCHNELLER WHAT I'M WATCHING

### Light from The Shadow

**WARRIORS FROM THE NORTH, PASSIONATE EYE (CBC)**

In this Danish documentary by Soren Steen Jespersen and Nasib Farah, a young man identified as The Shadow sits in a dim room, his face and voice obscured.

Calmly, he explains his reasons for joining Al-Shabab, the Islamic extremist group based in Somalia.

As the son of Somali immigrants to Denmark — allegedly one of the most socially enlightened places on earth — The Shadow spent his teenage years on the margins, doing drugs, getting into trouble, and seeing no prospects for himself.

"Nothing in my life made any sense," he says.

Then a group took him in, fed him, treated him seriously, talked to him about God. He realized, "I could become a warrior for Al-Shabab, or I could stay in Copenhagen and be a failure."

Anyone struggling to understand why so many people volunteer to kill themselves in what they see as holy war can find answers here.

After a childhood friend blew up a medical school graduation, Farah travelled to Somalia and back to Den-



**Warriors From The North is an insightful look at what drives young people to join terrorist groups. It re-airs on CBC Television this Saturday night.** CONTRIBUTED

mark, conducting interviews over four years.

His insider point of view sets this doc apart, as does its call for compassion.

The filmmakers believe western authorities should bring these young people back into society, rather than punish or alienate them further.

They contend that the West needs to admit its own failings: a study of seven European cities proves that Somali communities suffer the most isolation, the least employment, and the lowest rate of education.

You don't have to be Einstein to realize what comes out of that.

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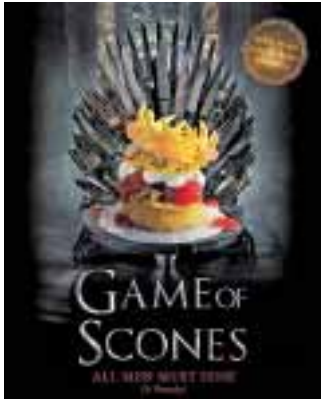
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## BOOK EXCERPT GAME OF SCONES BY JAMMY LANNISTER

# Oberyn's Smashing Surprise



Deliciously clever, witty and tasty, *Game of Scones: All Men Must Dine: A Parody* (HarperCollins) features a series of edible recipes inspired by some of the shocking events that took place during the first five seasons of the popular HBO series.

Enjoyed seeing Bran Stark being carried all over the place by Hodor? There is a muffin for you. Relished seeing Jaime Lannister's hand cut off? There is a jam-filled cookie you can bake — and then mutilate. Is Daenerys Targaryen your pick to take the Iron Throne? You can recreate her unsullied soldiers as ladyfinger biscuits, without nuts, obviously.

Who is behind these pun-filled confections? A superfan of the series, and of baking, who goes by the pen name of Jammy Lannister.

So — as the book asks — “Arya hungry?”

The following is a recipe for Oberyn's Smashing Surprise, a chocolate and jam treat inspired by the horrific scene where Oberyn Martell's head is crushed by The Mountain.

EXCERPT OF GAME OF SCONES: ALL MEN MUST DINE: A PARODY, BY JAMMY LANNISTER IS PRINTED WITH THE PERMISSION OF HARPERCOLLINS.



An explosion of chocolate and fruit that serves a gruesome reminder to always finish your dinner before walking away. **Feeds 8**

#### Ingredients

- 1 punnet fresh raspberries (Ed. note: a punnet is a small basket)
- 100g chocolate egg, about 12 cm tall
- 1 packet strawberry or raspberry jelly
- 100g butter, softened
- 175g icing sugar, sifted
- Black and red food colours
- A handful of cashew nuts

#### Directions

1. Cut the raspberries into mashed-brain-sized pieces.
2. Take the chocolate egg and, using a knife, cut a small hole in the top of the egg towards the back.
3. In a jug, make up the jelly as directed on the back of the packet and stir in the raspberries (you should have expected this recipe to be a little fruity), putting it aside to cool.
4. Meanwhile, beat the butter and

icing sugar together until fluffy. Keeping back a very small amount for the tongue, colour the butter cream with black food colour. Colour the remaining amount red.

Transfer the black icing to a piping bag fitted with a plain nozzle and add hair and features to the egg.

Fill in the tongue with the red icing using the tip of a knife.

5. Crush the cashew nuts using a large knife and with leftover icing attach them to the mouth to look like teeth.

6. Once cooled and just beginning to set, carefully pour the jelly into the head and leave to set.

7. To serve, place your thumbs in the egg's eyes, allowing them to melt the chocolate a little before pushing through and crushing the egg to reveal the jelly inside.

8. As the chocolate face gives way beneath your hands, loudly confess to your hideous crimes and watch as your guests quietly make towards the door.

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## Practical Civic shows its fun side



### REVIEW

### Canada's top-selling ride gets a complete makeover

Jil McIntosh  
For Metro Canada



Even when something's at the top of the heap, it still has to be kept up to date, but that rule hasn't always resonated with Honda. Its Civic has been Canada's best-selling car for almost two decades, but the last couple of "all-new" redesigns were so watered-down that it was sometimes tough to see exactly what had been done.

All is forgiven with the 2016 sedan, which truly is completely redesigned and which is now one of the more impressive mainstream compact sedans that I've driven.

There are two new engines, starting with a 2.0-litre four-cylinder that makes 158 horsepower, but my tester used the 1.5-litre turbo-charged four-cylinder. It's Honda's first turbo in North America and cranks out 174 horsepower, and runs on regular-grade gasoline. While the 2.0-litre is available with a six-speed manual, the turbo

exclusively uses an automatic continuously-variable transmission (CVT). The steering and handling are also much improved, and the car feels lightweight and nimble, with sharp response.

It's now longer and wider, and even though the roof swoops down at the back, rear-seat headroom remains the same as before. The cabin is very roomy and comfortable overall. The interior is also updated, most notably with a new instrument cluster that replaces the weird two-tiered version Civic used to have. Almost all materials are now soft-touch for a premium feel, and there's more small-item storage space than before. Most of the controls are large and easy to use, but the stereo needs a real volume dial, instead of an annoying touch-screen slider that's nearly impossible to accurately tap when you're moving.

There's also smart-phone integration on all but the base model. Plug in your phone, and either Apple CarPlay or Android Auto will access many of your apps on the car's centre screen (but please pay attention to your driving instead).

The Civic's still practical, but now it's fun as well. It's taken a few tries to get here, but Honda has finally released a version that's truly worthy of its best-seller status.

### THE CHECKLIST | 2016 HONDA CIVIC SEDAN

#### THE BASICS

**Type.** Four-door, five-passenger compact sedan  
**Engine (hp/torque).** 2.0-litre four-cylinder (158/138); 1.5-litre turbo four-cylinder (174/162)  
**Transmissions.** Six-speed manual or CVT  
**Price.** \$15,990 (base), \$24,990 (as-tested), plus destination

#### COOL FEATURES

- Capless fuel filler
- Walk-away locking
- Lane Watch passenger-side monitor
- Wireless phone charging
- LED headlights
- Forward collision warning with braking
- Lane departure warning and mitigation
- Electronic parking brake



JIL MCINTOSH/FOR METRO

#### POINTS

- The Civic is also made in Ohio, but all sedans sold in Canada are built at Honda's plant in Alliston, Ont.
- Although it's larger than the outgoing model, the new version uses more high-strength steel, so it's stiffer and weighs less than before.
- The base DX trim comes only with a stick shift, and air conditioning is not available on it.

#### MARKET POSITION

Honda admits it was previously only chasing the competition, but now tries to move ahead. Civic is now a global vehicle, and all factories worldwide use techniques and training developed at the Ontario plant.

### THE COMPETITION



**Toyota Corolla**  
Base price: \$15,995



**Dodge Dart**  
Base price: \$17,995



**Volkswagen Jetta**  
Base price: \$15,995

**KUDOS**  
The 2016 Honda Civic was named the Best New Small Car by the Automobile Journalists Association of Canada.

### SOFTWARE

## Google in the driver's seat in race to autonomy: Researchers

New research suggests that Google's unrivalled access to complementary technologies could mean it will be offering consumers access to driverless taxis before a traditional carmaker can get its first autonomous car in a dealership.

During his media roundtable discussion at the Tokyo Motor Show, Nissan head Carlos Ghosn was very careful to make a clear distinction between autonomous driving aids and the concept of self-driving cars.

"Driverless cars are cars without a driver, which is what Google and Uber are pursuing," he said. "Our objective for autonomous drive is not to take you out of the car. Our objective is to keep you in the car and empower you."

But while carmakers discuss the finer points and governments are yet to reach a consensus regarding the legislation needed to let cars drive themselves in public, according to IHS Automotive, Google is already streets ahead in the race to make autonomous cars a reality.

"No other company has as much relevant technology to advance autonomous driving software," said Egil Juliussen, PhD, senior research director at IHS Automotive.

The search giant is a leader in mapping, machine learning and artificial intelligence and has unrivalled access to other innovations, too.

"Google is in a unique position to leverage adjacent technologies for developing self-driving car software," Juliussen said. "And its strategy and goal is to provide the software and map infrastructure to allow mobility services to anyone."

Nissan, Toyota, Volvo, Honda and Audi have all set themselves a deadline of 2020 for delivering their first production cars with next-generation autonomous aids. However, IHS forecasts that "Car as a Service" (CaaS) fleets will be an app-controlled reality before 2025.

IHS forecasts that by 2035, 10 per cent of new cars on sale around the world will be fully autonomous. However, it also notes that the rate at which breakthroughs are being made means that this estimate could be very conservative. AFP

IHS forecasts that by 2035, 10 per cent of new cars on sale around the world will be fully autonomous. However, it also notes that the rate at which breakthroughs are being made means that this estimate could be very conservative. AFP



Artistic rendering of Google's autonomous vehicle. GOOGLE INC.



# GLK is mostly a worry-free bet

## USED VEHICLE

### 2010-16 models from Mercedes mix comfort and sportiness

The Mercedes GLK launched for 2010 with a blocky and rugged look that flew in the face of more swoopy and wind-swept competitors, and boasted great visibility on account of its square proportions and thin window pillars, generous manoeuvrability, and a full complement of up-scale feature content fitting of the badge.

Taking a place beneath the ML in the brand's utility vehicle lineup, GLK intended to compete with machines like the Acura RDX and BMW X3. Feature content included push-button start, navigation, heated leather, automatic climate control, xenon lights and plenty more.

At launch, all models ran

a 3.5-litre V6 with 268 horsepower, a 7-speed automatic, and 4Matic All-Wheel Drive (AWD). From 2013, the V6 was up-rated to just over 300 horsepower, and a 2.1-litre twin-turbo diesel four-cylinder engine becomes available, in the GLK 250 Bluetec.

#### The test drive

Any jerky shifts, slamming sensations, or failure of the transmission to respond via down-shift to throttle inputs could be the result of a fussy Transmission Control Unit (TCU), which can be remedied by a reset or re-flash of its computer software. If any unwanted sensations from the transmission are noted on a test drive, be sure to have a Mercedes dealer investigate.

Run the COMMAND central control interface through its paces, exploring and confirming proper operation of all functionalities. Some owners have reported sporadic or regular crashing-out of this system, which can render many

vehicle functions relating to communications, entertainment and navigation inoperable. Revised system programming, available through your dealer, will typically solve any detected issues. Try the control knob in all directions, call up all menus, pair a phone, and be sure the system responds favourably.

Confirm proper operation of the powered tailgate, if equipped. If the tailgate reverses direction on its own, in either direction, a faulty motor clutch is probably to blame. Dealer service advisers have access to a service bulletin with more information on diagnosing and fixing issues with the rear power tailgate.

Squeaky brakes may be the result of excessive wear, or the need for revised brake pads to mitigate vibrations that cause squeaks. Other uncommon but notable issues include backup camera failure, short taillight bulb life, and fluid leaks from a front axle seal.

JUSTIN PRITCHARD



#### What owners like

Styling, classiness, comfort and the GLK's upscale cabin are highly rated by owners. Many report a perfect blend of agility, sportiness and comfort is maintained on all surfaces. A solid and robust feeling of quality is noted, and even the standard stereo system is said to be potent. Finally, numerous tall drivers go out of their way to mention the GLK's generous head-room.

#### What owners dislike

Some owners wish for larger side mirrors and more rear seat legroom, and question the engine's need to be fed premium-grade fuel.

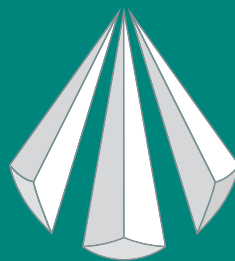
#### The verdict

The most frequently reported issues with the GLK appear to be minor in nature, and should be easily detected and fixed. Prospective shoppers who find a good deal on a used copy, and get a thumbs-up from a Mercedes-Benz technician on a pre-purchase inspection, can buy with confidence.

PHOTO COURTESY MERCEDES

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## TIPS

## Safe driving begins with preparation

Winters can be harsh, with unpredictable snow, slush and ice, but as Canadians we know how to zip up our parkas, put on our toques and embrace the season. As much fun as it is, it can be challenging for drivers. Whether it's your first year with your licence or you have many years of experience, every driver should be prepared to practice safety while driving during an icy, cold and snowy winter.

• **Tune Up:** Visit a local service station to make sure your tires are inflated properly and that the car's critical components are all in good condition.

• **Maximize Gripping and Turning:** If you live somewhere that frequently has snow or ice on the roads, or if the temperature approaches the freezing point, you need four matching winter tires that provide extra grip and turning capabilities. The Michelin X-Ice Xi3 winter tire features a uniquely-shaped contact patch that maxi-

mizes tread life by evenly distributing the forces of acceleration, braking and cornering.

• **Reduce Speed:** Learn and practice winter driving techniques like driving with two hands and keeping a close eye on your speed in order to maintain control of the vehicle in icy or snowy conditions.

• **Pack A Winter Safety Kit:** Pack an emergency kit in case of a breakdown that includes flashlights, blankets, water, matches, a tire gauge and inflated spare tire and a 'survival' candle for warmth.

• **Stay Charged:** Always travel with a fully-charged cellphone to be used in the event of an emergency.

NEWS CANADA



Keep your windows free of ice. SHUTTERSTOCK

# Get a grip this winter

## MAINTENANCE

## Proper tire care will keep you safe out on the roads

Winter roads can be challenging, with unexpected slips, white-outs, and accidents. The best way to prepare is to make sure your tires are in perfect shape. Michelin experts have outlined what you should know in order to make your tires winter ready, from measuring the tread to the air pressure.

Place a thin ruler into the tread and measure the distance from the base of the tread to the surface. It should be more than 2/32 inch deep. Check to see if your front tires are more worn than your rear ones. If so, you might need to have your wheels aligned.

A drop in outside temperature will mean a drop in the air pressure in your tires. Under-inflation affects handling and can also cause your



Winter tires can reduce your vehicle's stopping distance. SHUTTERSTOCK

tires to wear faster. Check your air pressure monthly and maintain the manufacturer's recommended level found in your owner's manual.

Above all, it's best to start

with high quality tires. Tires are built with safety in mind, but they can't always defeat unexpected road debris and sometimes a flat tire occurs. With every Michelin tire pur-

chase, you receive flat tire changing assistance as part of the Michelin Promise Plan that provides you with peace of mind if a tire goes flat.

NEWS CANADA

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The Rangers are the most valuable NHL franchise at \$1.2 billion, according to Forbes, ahead of the Habs (\$1.18B) and Leafs (\$1.15B)

# Thriving as the main man

103RD GREY CUP

## Head coach took Redblacks job to build from ground up

Many of Rick Campbell's childhood memories include the Edmonton Eskimos.

The Ottawa Redblacks head coach was a young boy when he watched his father Hugh — the Eskimos head coach at the time — lead Edmonton to five consecutive Grey Cup victories from 1978-82. Now Campbell is looking to make his own mark as a CFL head coach as he guides the Redblacks to their first Grey Cup appearance.

Perhaps fittingly, the Redblacks will play Edmonton on Sunday in Winnipeg. Campbell, who spent almost a decade on the Eskimos' coaching staff earlier in his career, is doing his best to downplay the connection and instead keep the focus on the big game.

"I'm just really trying to live in the moment and making sure we get our football team ready to play," Campbell said Tuesday before the team departed for Winnipeg. "I obviously do have a history with Edmonton with me working there and my family. I also got used to it as I've played against Edmonton over

the years when I worked in different cities."

Campbell made his CFL coaching debut with the Eskimos in 1999 as a defensive backs/special teams co-ordinator. He spent six seasons in the role before being promoted to defensive co-ordinator (2005-08).

Campbell also worked in various coaching roles with Winnipeg (2009), Calgary (2010), Edmonton (2011) Calgary again (2012-13), before heading to Ottawa last year for the Redblacks' debut season. When the 44-year-old native of Spokane, Wash., originally interviewed for the Redblacks' coaching position, part of the appeal was his desire to build something from the ground up.

"I wanted to come here to be a part of something new," he said. "It wasn't about me putting my name on the franchise, but it was about all of us putting our name on a new franchise in a new city. I had observed Ottawa from the outside and just had a really strong suspicion this

could be a really great thing to be a part of.

"We're trying to make this a place where we have high expectations and we want to be a winning program over the years."

In many ways Campbell, the East nominee for the CFL coach of the year award, has already surpassed expectations by taking his team to the Grey Cup after winning just two games last year.

The elder Campbell, meanwhile, will not be in Winnipeg for the Grey Cup. He'll be cheering the Redblacks on from San Diego, but has provided some advice for

his son. "He told me we've got to do the things that got you there," said Campbell. "It's a bigger stage, but as far as how you win football games doesn't change. You've got to make sure you do the right things and get prepared and do all those things and keep your head about you. Do the things to win football games."

THE CANADIAN PRESS

**TOP COACHES**  
Edmonton's Chris Jones will oppose Campbell as the West nominee for the CFL's coach of the year award.

**I had observed Ottawa from the outside and just had a really strong suspicion this could be a really great thing to be a part of.**

Rick Campbell



Rick Campbell receives a victory shower after the Redblacks won the East Division final on Sunday. SEAN KILPATRICK/THE CANADIAN PRESS

# Curfew keeps players in line during week's festivities



Members of the Eskimos arrive in Winnipeg on Tuesday. JONATHAN HAYWARD/THE CANADIAN PRESS

Players gearing up for Sunday's Grey Cup showdown arrived in Winnipeg Tuesday night, planning to enjoy the festivities — but not too much — while they prepare for the big game.

"Yeah, we do curfew," Ottawa Redblacks coach Rick Campbell told reporters shortly after the team's plane landed.

"I think there's a balance you can strike of being able to participate and see some things without being in full party mode."

Players didn't seem bothered by the idea of a nightly curfew — 11 p.m. in Ottawa's case.

"I don't mind because I'm going to be in my bed," said Red-



## Keepers of time

The Redblacks and Eskimos were 1-2 in time of possession but each offence will face a stiff test Sunday against stingy defences.

blacks fullback Patrick Lavoie. "We know what we have to do."

Ottawa quarterback Henry Burris is gunning for his third Grey Cup ring. The 40-year-old said the fact the Redblacks are in the championship in the franchise's second year is a tribute to the way the players and coaches have gelled.

"With all the growing pains

we had to go through as an organization, as a team last year, it's created a group of guys that never say die in that locker-room."

The Eskimos won both regular-season matchups between the two teams, early in the season in July, but they are not taking anything for granted going into Sunday.

"It was a dogfight," defensive lineman Odell Willis said.

"Those guys fought hard. It just so happened we were able to make more plays than they did, and we were able to get the W."

Quarterback Mike Reilly said Ottawa has come a long way.

"They were a very different team when we played them early in the season and so are we," he said.

"It's not a coincidence that they're in the Grey Cup. They've been playing great football and they deserve to be there. So we're going to have to put together a great performance in order to get the win."

THE CANADIAN PRESS



# It's harsh, but Pavelec's injury will help as much as Hellebuyck's call-up



## THE HOCKEY NEWS

**Matt Larkin**

Without trying to sound morbid but Ondrej Pavelec's knee sprain is the best thing that could've happened to the Winnipeg Jets.

They endured a six-game losing streak and, after building back some goodwill with consecutive home wins, returned the bad taste to our mouths by dropping Monday's home tilt with the only Central team trailing them, the Colorado Avalanche. Winnipeg's divisional rec-

ord is now a woeful 2-6-0. The team's playoff chances have slipped to 28.2 percent. Something has to change.

A good place to start would be the .899 team save percentage, which ranks 25th in the NHL. The stat includes empty net goals, so Pavelec and Hutchinson both stop pucks at a

higher rate than .899, but Pavelec's .906 still places

him 32nd among qualified leaders. He was 15th last year but finished 42nd, 31st and 34th in his three prior seasons since the team moved to Winnipeg. He has rarely performed at a starting-caliber level

and hasn't justified his \$3.9-million cap hit, which comes off the books after next season. His injury will shelve him into the New Year, and, sorry to say it, that might increase Winni-

peg's chances of winning. Hutchinson has outplayed

Pavelec at least half the time since making the club last year and deserves a crack at the starting gig. The really interesting wrinkle is the call-up of Connor Hellebuyck, one of the world's most elite pros-

pects at his position. He has great size at 6-foot-4 and 207 pounds. I spoke to him for The Hockey News a few weeks ago, and he has a good head on his shoulders. He's confident without being cocky. He realizes he played very well for the U.S. at last year's World Championship but doesn't let his head get too big as a result.

"At the tournament I sat back and said, 'I had a great tournament,' and it

was a big milestone in my life at that point, but it's just a tournament," he said. "There's nothing proven yet. You've got just keep continuing to get better every day, keep proving yourself on a daily basis. So I didn't sit back and say, 'Oh, I'm ready for the NHL.' I took it with a grain of salt."

And maybe it's that grounded attitude that helped him excel with the AHL's Manitoba Moose. He raised his save percent-

age to .927 after posting a .921 clip in his first season of pro hockey. He has been a star at every level, and he projects to be someone who will carry the Jets in years to come. So

while no one likes to see someone get hurt, in this case, it may have been the only way to clear a path for a goaltending upgrade. Pavelec's injury makes the Jets better.



**Connor Hellebuyck**  
GETTY IMAGES



**Ondrej Pavelec**  
GETTY IMAGES

## ACCOUNT MANAGER, NEW BUSINESS DEVELOPMENT

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### REQUIREMENTS OF THE POSITION:

- 2 years of demonstrated success in a similar role
- Some relevant post-secondary education
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- Excellent time management skills, highly organized, detail oriented, efficient, ability to meet tight deadlines, ability to set priorities and manage daily tasks
- Creative and collaborative
- Proficient in Microsoft Office – Word, Excel, PowerPoint & Outlook
- CRM experience is an asset
- Strong sense of accountability
- Must be a team player

If you think you have what it takes for this position, send your resume and cover letter to [hr@metronews.ca](mailto:hr@metronews.ca) no later than November 30th, 2015. PLEASE QUOTE: "Account Manager, New Business Development – Winnipeg" in the subject line. We would like to thank all applicants for their interest in this position; however, only those considered for an interview will be contacted. All submissions will be treated as confidential.

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**Barcelona star Lionel Messi** scores his first goal since a two-month injury lay-off at Camp Nou. DAVID RAMOS/GETTY IMAGES

### CHAMPIONS LEAGUE

## Suarez-Messi double act conquers Roma

Lionel Messi scored his first two goals after a two-month injury layoff and Luis Suarez netted a brace in a 6-1 rout of Roma on Tuesday as Barcelona advanced to the Champions League knockout rounds for a 12th consecutive season.

Suarez got Barcelona rolling at Camp Nou in the 15th minute. Three minutes later Messi scored his first goal in his second appearance since returning from a left-knee injury.

Messi netted the hosts' fifth after Suarez and Gerard Pique scored. Adriano capped the demolition before Edin Dzeko got Roma's consolation.

Roma was left with five

### RESULTS

**Group E**  
Barcelona 6, Roma 1  
BATE Bor 1, Bayer Levkn 1  
**Group F**  
Arsenal 3, Dinamo O  
Bayern Mun 4, Olympiakos O  
**Group G**  
M'bi Tel-Aviv 0, Chelsea 4  
FC Porto 0, Dynamo Kiev 2  
**Group H**  
Zenit St P 2, Valencia O  
Lyon 1, KAA Gent 2

points along with Leverkusen, while BATE has four.

THE ASSOCIATED PRESS

### IN BRIEF

#### Russia's anti-doping system to go on trial next week

The Russian anti-doping system will go on trial at the Court of Arbitration for Sport next week with two Olympic medals at stake.

CAS will hear appeals from the International Association of Athletics Federations on Dec. 2-3 against six Russian athletes, the country's track and field federation and the national anti-doping agency, the court said Tuesday. The IAAF is challenging selective timing of bans imposed by RUSADA in January after blood doping was proved.

THE ASSOCIATED PRESS

#### FIFA ethics committee want life ban for Platini

The FIFA ethics committee has requested a life ban for Michel Platini, the Frenchman's lawyer said Tuesday, a move that would rule the UEFA president out of the race to succeed Sepp Blatter. A source told The Associated Press that the maximum sanction was asked for when the committee investigations unit submitted its final case report.

Blatter may also be expelled from world soccer over a \$2 million payment of FIFA money he approved to Platini. THE ASSOCIATED PRESS



# RECIPE Chicken and Rice Soup



PHOTO: MAMA USNETE

## Ceri Marsh & Laura Keogh For Metro Canada



We lovingly refer this kind of meal as a half-homemade dinner. Pick up a rotisserie chicken on the way home tonight and whip up a pot of this delicious, nourishing soup.

**Ready in**  
Prep time: 20 minutes  
**Serves 6**

### Ingredients

- 2 Tbsp olive oil
- 1 onion, diced
- 4 carrots, peeled and diced
- 4 celery, trimmed and diced
- 1 Tbsp fresh thyme
- 6 cups low sodium chicken stock

- 3 cups leftover or rotisserie chicken, shredded
- 1 1/2 cups frozen corn (4 cobs with the corn sliced off)
- 1/2 cup fresh dill, chopped
- 1/4 cup lemon juice
- 2 cups cooked rice
- Salt and pepper

### Directions

**1.** Place oil in a large pot and bring to medium heat. Add onions, carrots and celery and sauté for three minutes, until the vegetables start to soften. Add the thyme and stir.

**2.** Pour the stock into the pot. Now add the chicken, corn, dill, lemon juice and cooked rice. Taste and add salt and pepper to taste.

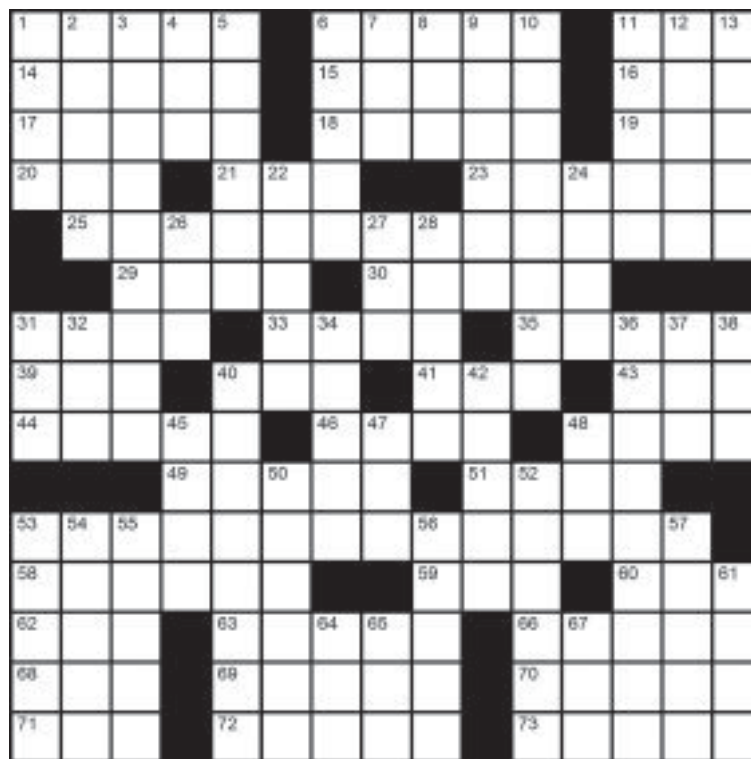
FOR MORE MEAL IDEAS, VISIT  
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# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

## ACROSS

- Performs for pedestrians
- La \_\_ Grey (Grey Cup, en français ...more at #25-Across)
- American comedian Louis, et al.
- \_\_ (Carnivore's web purchase, say)
- Turn \_\_ new leaf
- At the age of, in Latin [abbr.]
- Edith Piaf's " \_\_ en Rose"
- City's leader
- Freelancer's encl.
- Soul: French
- "Sheila" singer Tommy
- Rick \_\_, "Casa blanca" (1942) main character
- Sunday, November 29th, 2015... Winnipeg setting of this week-end's Grey Cup championship. \_\_ Field
- Chimney stuff
- Saltpetre
- Honey: French
- Nile wader
- Enthusiastic
- "Gotchal"
- Azores island, \_\_ Miguel
- English cathedral city
- Celebrity chef Ms. Drummond
- Tomato sauce's partner
- Roughly: 2 wds.
- Canadian singer Ms. MacLean
- Songbook standard: "Goodnight, \_\_"
- Twist, as timber



- Canadian TV... "Crash Canyon", for one: 2 wds.
- Peaceful
- "Hect" add-on
- '\_' for Victoria
- Prefix to "light"
- Horse-\_\_ carriage
- Snow: French
- Periods beyond

- regular hrs.
- Start
- Celebrity photographer Ms. Leibovitz
- Form of stage show in Japan
- "Swell!"
- Covers the falcon's eyes

## DOWN

- Mr. Lugosi
- Savoury fifth taste
- "...\_\_ that run high...": Bit of Canadian folk classic "Four Strong Winds" by Ian & Sylvia
- And, in Athens
- Prefix to 'phonetic' or 'type'
- Bathroom
- cleanser
- Eggs, scientifically
- One-eighty turn, slangly
- Jeff \_\_ (Host of "Survivor")
- Canada's Governor General from 1904 to 1911 who, in 1909, donated the football trophy at

- Across: 2 wds.
- Big name in wristwatches
- "Speed" (1994) name
- Height-y, like a hill
- Ancient seaport of Rome
- Region
- Li'l loudness
- Clandestine maritime org.
- Ascends
- Blueprint
- James \_\_ (Smashing Pumpkins cofounder)
- 1950s crooner Pat
- Marvin Gaye smash: "I Heard It Through the \_\_"
- 'Profit' suffix
- Stephen of movies
- Actress Susan
- Decrease
- Famous magazine
- Embarrassed
- Three
- Everlasting, in verse
- Sports facilities
- British car, \_\_ Martin
- Just began the hobby: 2 wds.
- \_\_ coffee
- \_\_ Domingo (Dominican Republic capital)
- Seal
- Dates
- Noted botanist Mr. Gray
- Crushed
- Compass dir.

# ★ IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20  
Ignore what others say you should be doing and do what feels right. If you listen to their advice you will get nowhere, so trust your own instincts.

**Taurus** April 21 - May 21  
The full moon makes this an important time for money, so weigh your options and don't make a choice until you are 100 per cent sure you are doing the right thing. If you act on impulse you could regret it.

**Gemini** May 22 - June 21  
It may seem as if the world is against you but common sense should tell you that isn't true. Try not to fall into the trap of thinking that those who disagree with you are enemies. They could be the best friends you have.

**Cancer** June 22 - July 23  
Will you be able to make something out of all of your wonderful ideas? Of course, you won't know for sure until you try — so get on with it!

**Leo** July 24 - Aug. 23  
Start something new, especially something of a creative nature. If you try your hand at something different today you may find you have a talent that has lain dormant for years — and it could make you rich.

**Virgo** Aug. 24 - Sept. 23  
The more others tell you that what you are doing is misguided the more you will go out of your way to prove them wrong. You don't need anyone's advice — you are quite capable of getting it wrong yourself!

**Libra** Sept. 24 - Oct. 23  
The full moon may prevent you from getting out and about as much as you would like to today but don't let that stop you from communicating. Thanks to the telephone and the internet no-one can hide from you.

**Scorpio** Oct. 24 - Nov. 22  
You need a fresh approach to a money matter that has been causing problems. You've been influenced by what others think, so ignore their advice and follow your instincts.

**Sagittarius** Nov. 23 - Dec. 21  
The Sun in your birth sign at this time of year gives your confidence a boost but you still need to have a plan. Today's full moon will impress on you the urgency to get one!

**Capricorn** Dec. 22 - Jan. 20  
Despite what your mind might be telling you no one is out to get you and you won't lose out if you take the occasional risk.

**Aquarius** Jan. 21 - Feb. 19  
If you have an urge to meddle in other people's affairs you must resist. The planets warn that even if you are successful in changing things you will have to change them back again later and it will cost you.

**Pisces** Feb. 20 - March 20  
The Sun in the career area of your chart urges you to change things if you are unhappy with your lot in life. However, the current full moon warns you should wait a couple of days before making your move.

## CONCEPTIS SUDOKU by Dave Green

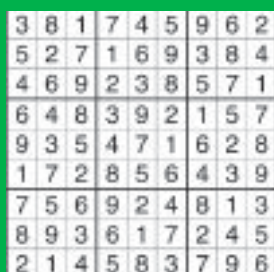
Every row, column and box contains 1-9



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